



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive

14th September 2020

**Re: Confirmed case of COVID-19.**

A confirmed case of COVID-19 in your child's class has been notified to the Department of Public Health HSE South East.

A public health risk assessment has been undertaken and your child has been identified as a close contact.

In line with national Public Health contact tracing guidance your child is advised to **restrict movements** for 14 days from the last date of exposure to the confirmed case ie from 9th September 2020 and your child will be referred for testing by the HSE. Your child may return to normal activities on 24th September.

Your child will be called for a COVID swab at 'day zero' (as close to the day of notification as is possible) and 'day 7' seven days after the last contact with the case..

**Restricted movement** means avoiding contact with other people and social situations as much as possible.

Restricted movement means that your child stays home and:

- Does not go to school.
- Does not use public transport.
- Does not have visitors in your home.
- Does not go to the shops or pharmacy, unless absolutely necessary.
- Keeps away from older people, anyone with an underlying medical condition and pregnant women.

Siblings do not need to be excluded from school at present and household contacts do not need to be excluded from work unless they develop symptoms of COVID, in which case you should ring your GP to discuss.

If your child develops symptoms they should be isolated immediately and you should phone your GP for further advice. Their siblings and all household contacts should now also be kept at home.

Further information on COVID-19 is available at: [www.hpsc.ie](http://www.hpsc.ie) and [www.gov.ie](http://www.gov.ie), or phone Public Health South East at 056 7784142 or HSE Live at 1850 24 1850.

Yours sincerely,  
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SMO Public Health