**Sports Day Schedule 2016 Friday 3 June 2016 (weather permitting)**

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**9.20-9.50 Fancy Dress in the Halla (Boys come to school dressed for fancy dress) – Theme is “All Roads Lead To France”**

**--------------------------------------------------------------------------------------------------9.50-10.00 Up to classroom to change for sports day and straight to their relevant station to begin**

**--------------------------------------------------------------------------------------------------SESSION ONE**

**10.00-11.00 (a) Sprints (b) Sack Race (c) Egg and Spoon**

**(d) Penalty Shoot Out (4 goals for junior classes, 2 goals for senior classes)**

**--------------------------------------------------------------------------------------------------11.00-11.30 – SOS (Teachers/Parents/Helpers in Halla for tea)**

**ALL BOYS MUST STAY IN THEIR CLASSROOMS DURING SOS AND AWAIT THEIR TEACHERS’ INSTRUCTIONS**

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**SESSION TWO**

**11.30-12.30 (a) Sprints (b) Sack Race (c) Egg and Spoon (d) Penalty Shoot Out (4 goals for junior classes, 2 goals for senior classes)**

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**ALL BOYS/CLASSES ARE TO WAIT IN THE JUNIOR YARD (lined up in their class facing the field) for FANCY DRESS RESULTS ANNOUNCEMENT. NOBODY TO GO IN EARLY FROM SESSION TWO.**

**12.30-12.45 Results of the Fancy Dress are announced (1st, 2nd and 3rd PRIZES)**

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**12.45-1.30 Lunch and Ice-Cream**

**ALL BOYS MUST STAY IN THEIR CLASSROOMS DURING LUNCH AND AWAIT THEIR TEACHERS’ INSTRUCTIONS**

**Note: At 1.30pm, each class teacher must send the long race particpants from their class (max 10) to the long race start line (near the raised beds) to ensure the smooth running of this event.**

**-------------------------------------------------------------------------------------------- SESSION THREE**

**(All non-participating boys to watch the long races along the side of the track)**

**1.30-2.00pm – Long Race Finals**

* **Stations with Juniors and Seniors from approx. 1.20-2pm**

**Long Race Finals (Note: 2 heats, five from each heat qualify for the final. To be run before the Sports Day)**

**1 lap – JI and SI 2 laps – 1st and 2nd class**

**3 laps – 3rd and 4th class 4 laps - 5th and 6th class**

**Points for long race**

**1st place – 10, 2nd place – 6 and 3rd place - 4**

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**2pm – Junior and Senior Infants to be collected**

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**SESSION FOUR**

**(10 lanes of obstacles to be set up at lunchtime. Mr Molloy to organise)**

**2pm – Team Obstacle Race (1st to 6th to participate)**

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**SESSION FIVE**

**(All non-participating boys (1ST & 2ND to watch the tug of war)**

**2.30pm Tug O’ War (8 per team – 2 from 3rd, 4th, 5th & 6th)**

Best of three pulls between the six pairs. Red versus Yellow

Green Versus Royal Blue

Orange versus Purple

Black Versus White

Navy Versus Grey

Pink Versus Light Blue

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**3pm – Points total to date announced but medal ceremony/certificates later in June.**

**Pupils are dismissed from their classrooms.**

**SCORING SYSTEM**

**Morning Events (Session 1 & 2) 1st place (5 points), 2nd place (3 points), 3rd place (2 points)**

**Long Race (Session Three) 10 points for the first home in each class, 6 points for 2nd and 4 points for 3rd place.**

**Team Obstacle Race (Session Four) 20 points for 1st team, 12 points for 2nd team and 8 points for 3rd team**

**Tug O’ War (Session Five) 10 points for the winning team in each of the five contests**